STAYING HEALTHY AND SAFE WHILE ABROAD

- Download the International SOS app. app.internationalsos.com
- Enroll in the U.S. Department of State’s Smart Traveler Enrollment Program. step.state.gov
- Pay attention to your surroundings.
- Avoid attracting attention to yourself.
- Avoid traveling alone whenever possible, especially at night.
- If you consume alcohol, be responsible and comply with local laws and customs.
- Monitor local news.
- For more safety tips, visit globalsafety.msu.edu/safety

TRAVEL REGISTRATION AND HEALTH INSURANCE

All MSU international travelers are eligible for International SOS medical and security assistance.

- **Education Abroad** students are automatically covered by international health insurance during their program dates. globalsafety.msu.edu/ea-isos
- **Non-EA faculty, staff** and **students** engaging in MSU-sponsored international travel must register their trip to activate insurance coverage. globalsafety.msu.edu/register
- **Spouses and dependents** are not eligible for insurance coverage. See policy for personal deviation coverage information. globalsafety.msu.edu/isos

OTHER IMPORTANT CONTACT INFORMATION

<table>
<thead>
<tr>
<th>Program Director/Host Institution</th>
<th>NAME</th>
<th>PHONE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency Contact Person at Home</td>
<td>NAME</td>
<td>PHONE</td>
</tr>
</tbody>
</table>

OFFICE FOR GLOBAL HEALTH, SAFETY, AND SECURITY  
globalsafety.msu.edu  
OFFICE FOR EDUCATION ABROAD  
educationabroad.msu.edu

IN AN EMERGENCY

1. Assess the situation. Get to a safe location.
2. Contact the local “911” equivalent for emergency assistance, medical care or if you need to report an emergency.
3. Confirm the safety and well-being of fellow travelers. Check in with your program director/group leader as soon as is safely possible.
4. Follow the advice of local authorities.
5. If you need immediate assistance, call International SOS and/or the MSU 24/7 International Emergency Assistance Line.
6. To report that you are safe, email globalsafety.msu.edu.

EMERGENCY CONTACT INFORMATION

International SOS 24/7 Scholastic Assistance Line: +1-215-942-8478

MSU 24/7 International Emergency Assistance Line: +1-517-353-3784

Local Emergency Services
Call **first** in event of **imminent** danger.

AMBULANCE
POLICE
FIRE
LOCAL 911 EQUIVALENT

04.14.2021